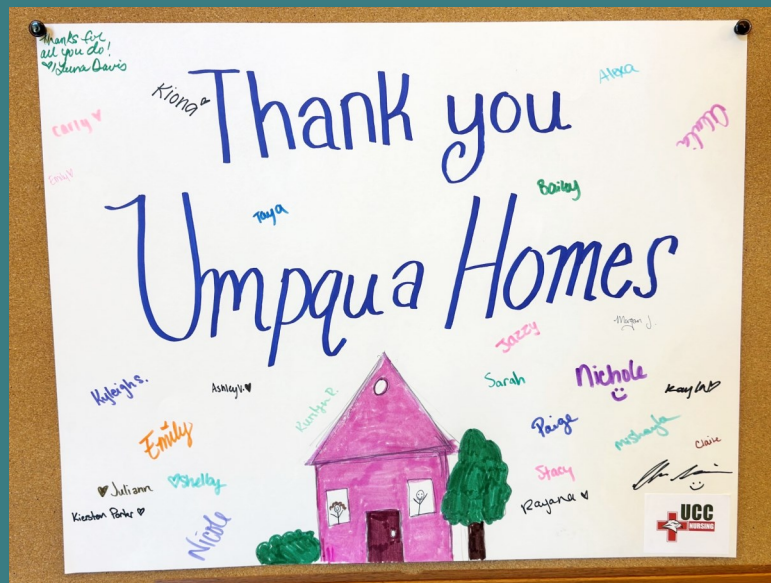


### UCC Clinicals

During Nurse Appreciation Week, UCC Nursing Program delivered this handmade poster in thanks for allowing their students to visit UHI for clinical. They were thankful their students could learn from our nursing team as they try out the many options and work settings where nursing is needed. We were honored to have them and so thankful for the positive feedback from UCC.



### Inspiring Quote

"How wonderful it is that nobody needs wait a single moment before starting to improve the world." ~Anne Frank

### Newsletter Team

We hope that these articles inspire and encourage you to make an impact in your community. Sign up for future newsletter at UHI.Life

- Newsletter Team**  
 Kim Kerby-Mellow  
 Christian Powell  
 Jessica McClure  
 Nathan Collins

### Personal Growth Fund

June kicks off the start of UHI's fiscal year, which also means for UHI team members, your \$150 personal growth fund will be refreshed. This fund is one of the many ways UHI seeks to invest into each team member in meaningful and impactful ways.

The stipend will cover any personal growth activity. The skill does not have to be related to your job; it can be directly relevant, indirectly relevant, or for something else entirely. Examples include: professional development course (i.e. Fred Pryor), a cooking class, any class at UCC, a kayaking class, learning to rock climb, learning a foreign language, a gym membership, etc...

Please reach out to your program manger to get the request form and for any questions you have.

# Tree of Life



### Kelly's Creative Garden

From strawberries to zucchini, Kelly Bridgman is an expert with a green thumb. I recently enjoyed touring Kelly's Garden and learning about his love of growing fresh produce. "I have six tomato plants—potatoes—that I started inside". Kelly noted bell peppers, showing me this compact, well-organized space. I pointed out that the lettuce looked healthy. "I've been using the lettuce for my sandwiches," Kelly added. Next, Kelly pointed out his yellow squash, onions, and red radishes. "They haven't bloomed very much yet", Kelly shared. **Story Continues On Page 2**

### Upcoming Events

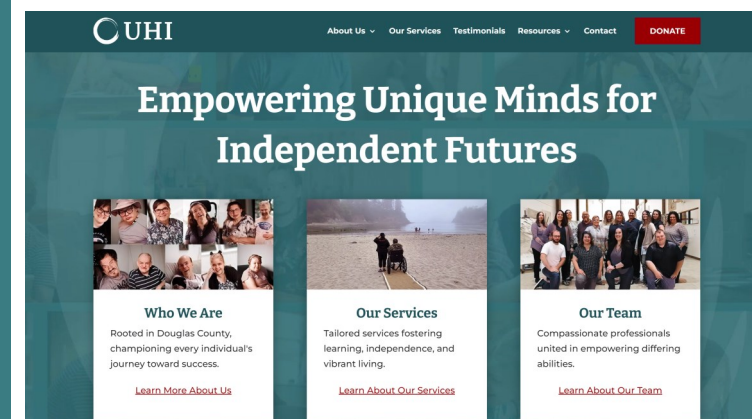
UHI Participation ★

- 6/27 UHI Company Picnic ★
- 6/28-30 Umpqua Valley Arts Festival ★
- 7/11 Sutherlin Music Off Central at 7pm
- 7/12 Glide Rat Rod Round-up 4p-9pm
- 7/13 Roseburg Graffiti Cruise Downtown ★
- 7/20 Glide Sasquatch Festival at 12pm
- 8/7-10 Douglas County Fair
- 8/17 Mud Volley Ball at the Blackberry Festival ★

**See UHI Social Media for Event Updates**

### New UHI Website

UHI.LIFE is live and is a great improvement!





### Kelly's Creative Garden

What are you planning to do with what you grow? "I'm going to eat it! I'm going to dry most of it with my food dryer. If I have too much, I give it to the other houses. This garden is just the right size for this house, but I'll give some away if I have a lot."

Where do you get your plants and seeds? "I bought the tomato plants and lettuce, and some of my plants were given to me. I bought the bell peppers and white radishes. Everything is planted now and doing well." Kelly says that right now, he only needs to water once a week.

Kelly pointed out something ingenious. "I get creative. Do you see that the bean plant? I put poles together so they can grow up. I get creative because my sister helped me get creative."

How did you get into gardening? "Someone taught me how to do it. They said, 'I'll teach you'." Kelly shared that the man who showed him how to garden would carefully explain each step, but he would need to follow each step; Kelly's hands moved the dirt, placed the seed, and watered the soil. "After that, I was hooked!" Kelly exclaimed with enthusiasm. Kelly has been gardening with skill and creativity ever since.

This memory of Kelly learning to garden reminds me of moments when I needed a helpful teacher to bring something challenging and unfamiliar to life. Every day, UHI seeks to instill this quality of person-centered care and inspire others to do the same.



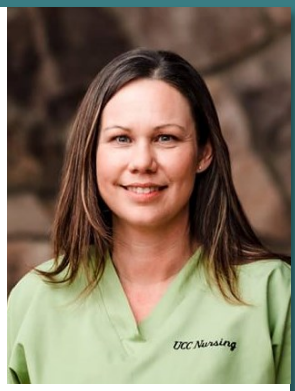
### In Loving Memory

Roland, aka Chicken, was a well-loved man with a big personality and an even bigger heart. He came to UHI in 2014. Sadly, he left this world on May 7th, surrounded by loved ones. He will be remembered by many for giving the best hugs, marrying the most girls, having the best smile and laugh, making those around him smile and laugh, and being the sheriff. He liked to play jokes on people and absolutely loved ice cream! He was well-known for sayings such as "Will you marry me?", "You skunk!", "You stink!" all of which were in good fun! He will be deeply missed, and never forgotten.



### Welcome To UHI

Join us in welcoming Amy Morey to UHI's team of nurses. Amy completed her RN at Umpqua Community College in Roseburg.



As a child, Amy watched Rescue 911 and decided she wanted to be a nurse.

Why UHI? "I was looking for a slower pace and wanted to be able to spend more time with the ones I served."

Amy shared that she has enjoyed meeting new people, admin support, outings with supported individuals, and monthly team meetings. When asked why did you choose to work with individuals with IDD? Amy shared that her son is on the spectrum, and she worked as a DSP in the past.

At UHI, we greatly appreciate the team of nurses and welcome Amy Morey.

### UHI In The Community

In May, UHI was part of the annual JBCC Spring Family Fair & Golf Tournament. Even though it rained, we still had a great turnout. Over 500 people came and supported the JBCC. Rough numbers are that we raised over \$30,000 for UHI.

For team members who figured out the riddle, they got a gift for participating. It was fun seeing Kellie run around as T-Rex all day.



Natasha Atkinson, UHI's CEO/ Executive Director, was interviewed on the radio at the event.

At the UHI booth we had an area for rock painting, free UHI swag and information.



"Thank you to everyone who came out and helped yesterday and today! It was a wonderful weekend, with two amazing events. You guys are an amazing team, I really appreciate it!" ~Natasha Atkinson

### RecogNation

RecogNation is the secure social media platform we use here at UHI. Employees of UHI now have a place to connect between sites more easily as well as see what the people we support are up to at home or in the community.

RecogNation is also where all our UHI Perk Points are being distributed out to employees. The great part is that we can now view how many points we have earned as well as spend those points whenever we please.

You can use your smart phone to access RecogNation via the website or app, but it is not necessary to have a phone to join in on RecogNation. You can also log-in from a computer at your site during your downtime. There is no obligation to feel like you must be active at all times.

If you have not logged into RecogNation yet but you are interested, please go to [uhi.recognition.com](http://uhi.recognition.com). Once there, select "First time user" to get registered. Please use the email address you gave at onboarding. You will receive a verification link in your email inbox (please also check spam/junk folders). You will then have access to join in the fun.

If you have any questions regarding how RecogNation works, please contact Jenna Lanyon via SComm. If you have any issues logging in, please reach out to [info@recognition.com](mailto:info@recognition.com) or 888.919.7600.

